

Middle School Cross Country Practice and Game Schedule 2009

Day	Date	Event	Location	Practice Times	Meet Time	Dismissal Time	Return Time	
Mon	8/17/09	Practice	MS Gym Lobby	3:45 - 5:00 PM				
Tue	8/18/09	Practice	MS Gym Lobby	3:45 - 5:00 PM				
Wed	8/19/09	Practice	MS Gym Lobby	3:45 - 5:00 PM				
Thu	8/20/09	Practice	MS Gym Lobby	3:45 - 5:00 PM				
Fri	8/21/09	Practice	MS Gym Lobby	2:15 - 3:30 PM				
Mon	8/24/09	Practice	MS Gym Lobby	3:45 - 5:00 PM				
Tue	8/25/09	Practice	MS Gym Lobby	3:45 - 5:00 PM				
Wed	8/26/09	Practice	MS Gym Lobby	3:45 - 5:00 PM				
Thu	8/27/09	Practice	MS Gym Lobby	3:45 - 5:00 PM				
Fri	8/28/09	Practice	MS Gym Lobby	2:15 - 3:30 PM				
Mon	8/31/09	Practice	MS Gym Lobby	3:45 - 5:00 PM				
Tue	9/1/09	Practice	MS Gym Lobby	3:45 - 5:00 PM				
Wed	9/2/09	Meet (7th & 8th)	Woodland Park		3:30 PM	2:00 PM	6:30 PM	
Thu	9/3/09	Practice	MS Gym Lobby	3:45 - 5:00 PM				
Fri	9/4/09	No practice (Middle School Dance)						
Mon	9/7/09	No Practice (Labor Day)						
Tue	9/8/09	Meet (6th, 7th, & 8th)	Carson		3:45 PM	2:30 PM	7:00 PM	
Wed	9/9/09	Practice	MS Gym Lobby	3:45 - 5:00 PM				
Thu	9/10/09	Practice/Pictures	MS Gym Lobby	3:45 - 5:00 PM				
Fri	9/11/09	Meet (6th, 7th, & 8th)	Black Forest Park		3:30 PM	2:00 PM	6:00 PM	
Mon	9/14/09	Practice	MS Gym Lobby	3:45 - 5:00 PM				
Tue	9/15/09	Practice	MS Gym Lobby	3:45 - 5:00 PM				
Wed	9/16/09	Practice	MS Gym Lobby	3:45 - 5:00 PM				
Thu	9/17/09	Meet	Fountain		4:00 PM	2:30 PM	6:30 PM	
Fri	9/18/09	Practice	MS Gym Lobby	2:15 - 3:30 PM				
Mon	9/21/09	Practice	MS Gym Lobby	3:45 - 5:00 PM				
Tue	9/22/09	Meet (7th & 8th)	Canon City		3:30 PM	1:50 PM	7:00 PM	
Wed	9/23/09	Practice	MS Gym Lobby	3:45 - 5:00 PM				
Thu	9/24/09	Practice	MS Gym Lobby	3:45 - 5:00 PM				
Fri	9/25/09	Practice	MS Gym Lobby	2:15 - 3:30 PM				
Mon	9/28/09	Practice	MS Gym Lobby	3:45 - 5:00 PM				
Tue	9/29/09	Practice	MS Gym Lobby	3:45 - 5:00 PM				
Wed	9/30/09	Practice	MS Gym Lobby	3:45 - 5:00 PM				
Thu	10/1/09	Practice	MS Gym Lobby	3:45 - 5:00 PM				
Fri	10/2/09	League Meet (7th & 8th)	TCA		TBD	TBD	TBD	
Mon	10/5/09	Practice (6th Grade Only)	MS Gym Lobby	3:45 - 5:00 PM				
Tue	10/6/09	Meet (6th Grade Only)	Woodland Park		3:45 PM	2:00 PM	6:00 PM	
		Banquet*	MS Café & MS Gym	6:00 PM				

*Athletes are expected to dress up for the Banquet

9/4/2009